



# Discover Your Path. Discover Massage. Discover Yourself.

Discoverypoint School of Massage does not discriminate against students or potential students on the basis of race, creed, color, national origin, sex, veteran or military status, sexual orientation, or the presence of any sensory, mental, or physical disability or the use of a trained guide dog or service animal by a person with a disability. However, a medical authority may deem a disability to be one that renders an individual not physically qualified for the program. Students may submit a written request for reasonable accommodation(s) of a disability to the school administration.

Selected programs of study at Discoverypoint are approved by the Workforce Training and Education Coordinating Board's State Appproving Agency (WTECB/SAA) for enrollment of those eligible to receive benefits under Title 38 and Title 10, USC.



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A discovery point is neither the beginning nor the end, but a place of clarity along the way. It is a moment of a-ha accompanied by a sense of joy and satisfaction that challenges us to move ahead.

Questions? Call 206.552.6523!



# ABOUT DISCOVERYPOINT SCHOOL OF MASSAGE

Discoverypoint is a vibrant educational community where students pursue excellence in the field of therapeutic massage and other somatic practices.

Our classes offer students a broad spectrum of learning opportunities and experiences facilitated by a seasoned and passionate faculty in a warm and inviting atmosphere. Students obtain a solid foundation in both the art and science of massage as they practice and develop the skills and behaviors necessary for personal and professional success. In addition, learners are encouraged to explore, shape, and refine their own unique vision for a therapeutic practice and career.

# CORE VALUES

# Community

We are a diverse group of individuals who are committed to upholding our community agreements as we support and challenge one another to live, grow, and excel.

# Balance

We choose to live in the creative yet calm tension created by the paradoxes of life, embracing neither the extremes nor the mediocre middle.

# Candor

We are committed to fostering an atmosphere of trust by being both honest and kind in our interactions with one another and the greater community.

# Personal Responsibility

We make individual choices within the framework of our community agreements and accept responsibility for our decisions.

# Growth

We are willing to learn from our mistakes and integrate new skills and concepts so that we will develop as individuals and members of our personal and professional communities.

# Excellence

We strive to offer the best to each other through persistent study, interaction, experience, and exploration.

Our campus in the Roosevelt district includes a cozy classroom with a balance of light and privacy, and a clinic space with an open floor plan, high ceilings, and lots of natural light. Both are well equipped with adjustable massage tables, bolsters, and lotions for hands-on work, as well as folding tables, lap-top desks, chairs, stools, and yoga balls for more traditional lecture and discussion classes. Teaching aids include: presentation projectors, white boards and colorful markers, anatomical charts and models, a music system, and a growing reference library. Students also have access to kitchenettes with a refrigerator, microwave, brewers for tea & coffee, and filtered water.

### OUR COMMUNITY

Discoverypoint is situated in the vibrant and lively Roosevelt neighborhood, on the east side of the interstate from Greenlake in Seattle. Located two blocks away from the Roosevelt light rail station and two blocks from a city park-and-ride, our campus is easily accessible by car, bicycle, and public transportation. A friendly mix of residential, business, and urban culture, this neighborhood's energy comes from its dense and diverse multi-generational population. The streets are walkable, with many coffeehouses, restaurants, grocery stores, shops, apartment buildings, exercise facilities, hair salons, yoga and dance studios, and a high school.

Our classroom and clinic spaces are across the street from each other, on the corner of 65th and Roosevelt. Most hands-on classes, labs, and clinics are held in the Roosevelt Court building (6417 Roosevelt Way NE), while most lecture & discussion classes take place in our administrative and library wing, on the ground floor of the Dreamclinic building (916 NE 65th St).

Located just a few blocks east of the Discoverypoint campus is Greenlake — a popular destination for land and water recreation year-round. Woodland Park Zoo is nearby as well. Just north of the University District (home of the University of Washington) and east of Ravenna (a residential neighborhood known for its parks and tree-lined streets), the Roosevelt neighborhood is a gem in the middle of it all, showcasing the rich variety of urban life that Seattle has to offer.

### GENERAL SCHOOL CALENDAR

| FALL START | (DAY: 9AM-2PM | , EVE: 5PM-10PM | ) T/W/Th <b>SPRING START</b> ( | DAY 9AM-2PM) I | M/W/F |
|------------|---------------|-----------------|--------------------------------|----------------|-------|
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| Ougstes 1. | Designing of Contember Mid Nevember   | Ougstes 1. | Mid-March — End of N  |
|------------|---------------------------------------|------------|-----------------------|
| Quarter 1: | Beginning of September — Mid-November | wuarter i. | MING-MATCH — CHU OF N |

Holidays include Thanksgiving + one-week break between quarters

Quarter 2: End of November — End of February

> Holidays include Solstice, Christmas, New Year's, and Martin Luther King Jr Day + one-to-two week break between quarters

Quarter 3: Mid-March — End of May

> Holidays include Memorial Day + one-week break between quarters

Quarter 4: Beginning of June — End of August

Holidays include Independence Day (July 4)

May

Holidays include Memorial Day + one-week break between quarters

Quarter 2: Beginning of June — End of August

> Holidays include Independence Day (July 4) + one-to-two week break between quarters

Quarter 3: **Beginning of September** — Mid-November

> Holidays include Thanksgiving + one-week break between quarters

Quarter 4: End of November — End of February

> Holidays include Solstice, Christmas, New Year's, and Martin Luther King Jr Day

Hours of operation are, at a minimum, 30 minutes prior to and after class time, or by appointment.

### DIRECTORS + OWNER



Michael Jacobus, BA, LMT Education Director

Michael graduated from the Stillpoint Center School of Massage in MA in 1996 and began teaching at The Brenneke School of Massage in 1998. He has practiced massage as a sole-proprietor and as an employee, and has worked a variety of settings. Michael was certified in the Trager® Approach in 2005, orthopedic massage in 2008, and as a yoga instructor in 2010. He now works as a Massage Therapist at Virginia Mason. At Discoverypoint, Michael has taught musculoskeletal anatomy, kinesiology and clinical and outcome based massage. In 2023, he took the role of Education Director, shifting his focus toward curriculum development, faculty mentorship, and supporting students as they practice and gain confidence in critical thinking, treatment and professional communication skills.



Larisa Golden, MBA, LMT School Owner

Larisa Goldin graduated from Brenneke School of Massage in 2002, learning directly from some of the instructors who would later establish and teach at Discoverypoint. Soon after graduation, she founded Dreamclinic, a successful massage and acupuncture clinic with several locations in Seattle and Redmond. She holds an MBA from the University of Washington and a BA in English from the University of Chicago. Before starting Dreamclinic, Larisa held a number of senior-level management positions, managing software development in the high-tech industry. Larisa purchased the school in April 2022, committed to maintaining the school's legacy as Seattle's premier massage training program.



Darin Stumme, BA, CMIDT, LMT School Director

Darin graduated from Discoverypoint in 2013, then returned a year later as a TA (Teaching Assistant) in a hands-on massage class taught by Pat Archer. Under her mentorship, and with further mentoring by Lisa Nelson, Darin began assisting and teaching additional classes, until he became a Lead Instructor in 2016. He has taught a variety of hands-on classes, student clinic, and helped develop & refine the business curriculum, in which students explore and prepare for their own unique career.

Over the years, in addition to teaching, he supported the school by performing many administrative tasks, graphic design projects, social media & marketing efforts, event planning, and curriculum development. Prior to his career in massage, Darin worked in the graphic design and high-tech industries, spending many years in project management — skills that helped him assume the role of School Director in 2022.



# "The mind cannot forget what the hands have learned."

—JON ZAHOUREK

# SCHOOL FOUNDERS & LEGACY OWNERS

The School was founded in 2010 by **Pat Archer**, **Julie Ann Darrah**, and **Lisa Nelson** when they formed Manual Therapy Arts Education, LLC. The three founders have a long and diverse history in massage education, and have been involved in the development of massage curriculum, courses and teaching standards at the local, state and national levels. They worked together for 15 years at the Brenneke School of Massage prior to opening Discoverypoint. In selling the school, they have passed along a strong legacy of educational excellence, supportive & accepting culture, and inclusive community.

Pat Archer served as Discoverypoint's Educational Liaison from 2010 to 2022, bringing over 35 years of experience as a sports health care specialist and educator to the role. After teaching high school physical education, Pat became a Certified Athletic Trainer in 1977, working as the head women's athletic trainer at the University of Montana until 1983. She became a licensed massage therapist in 1985, and started teaching at the Brenneke School of Massage in 1986, where she served as Director of Education until 1997. Pat continued to teach in both core and continuing education courses until 2008.

She was heavily involved in reviewing and developing statewide and national standards in massage education and practice, having served as a consultant for the AMTA-WA government relations committee and two national workgroups: the Massage Research Foundation's "Best Practices" and the "Entry Level Analysis Project" (ELAP). She has been a highly-regarded speaker, presenting at state,

regional and national professional conferences for both the athletic training and massage communities. Pat authored multiple articles for professional journals and several textbooks, including two editions of Applied Anatomy and Physiology for Manual Therapists, co-authored with Lisa Nelson.

Her combined knowledge and experience as a massage therapist and athletic trainer allowed Pat to embed a deep and broad blend of assessment and treatment skills to the curriculum, passing on her unique style of structure specific massage to hundreds of students over the years. Her warm and personal style of teaching kept students actively engaged in both head and hands — skills that continue to be taught by Discoverypoint instructors, and which distinguish our graduates in the field.



Julie Ann Darrah, BA, LMT

Julie Ann Darrah worked in post-secondary vocational education for over 30 years. Beginning as a financial aid administrator at the Desert Institute of Healing Arts in Tucson, Arizona, Julie joined the staff at the Brenneke School of Massage in 1991 working briefly as the bookstore manager, then as the Director of Financial Aid. She enrolled in the massage program and became a Licensed Massage Practitioner in 1996. In 2000, she transitioned to become the Dean of Students at Brenneke, and soon began teaching Novice and Swedish massage classes, allowing her to share her contagious enthusiasm for massage and compassion for students at the beginning of their journey. She excelled in her many roles — administration, managing financials, compliance, student services, and teaching — even after Heida Brenneke sold her school to Cortiva Education, Inc. in 2005. Julie was thoroughly prepared to be a founding member and Administrative Director of the School for over 10 years, a role to which she brought an abundance of joy and unforgettable laughter.

Lisa Nelson served as Discoverypoint's Director of Education for over 10 years, providing a solid foundation to the curriculum and fostering a strong culture of passion, presence, and empathy that remains at the heart of the School. She began her professional career in 1987 as Head Athletic Trainer at North Park College in Chicago, IL, where she also developed and implemented North Park's initial Exercise Science major, which included an Athletic Training track. In 1990, Lisa joined the faculty at the Brenneke School of Massage and in 1991 became a Licensed Massage Practitioner, where she began to focus her professional efforts in the education of both students and teachers. In 1999, she transitioned from regular classroom teaching to serving as the Faculty Mentor at Brenneke. In this role she designed and implemented a formal faculty training and development program while she supported students through learning skills classes, individual tutoring, and academic counseling.



Patricia A. Archer, MS, ATret., LMT

Lisa A. Nelson, BA, AT/R, LMT

Lisa has spoken at numerous teaching conferences within the US, written several articles for vocational educators, and contributed to textbooks in sports medicine, sports massage, and muscle anatomy. Together with Pat Archer, Lisa completed a first edition of Applied Anatomy & Physiology for Manual Therapists in 2013, and a second edition in 2021 (published by Books of Discovery) — one of the textbooks used at Discoverypoint.

Now focusing on her company Updrafts Consulting, Lisa continues to serve a variety of vocational education communities as a teacher, curriculum consultant, administrator, and learning strategist.

#### Pam Connolly, LMT

Pam (she/her) has been a Licensed Massage Therapist since January 2000. She graduated from Brenneke School of Massage, where she returned as an instructor for many years. Pam has practiced in a variety of settings, including physical therapy clinics, childbirth centers; she has even worked with horses and dogs, and created an apprenticeship program for equestrian massage. Pam teaches foundational hands-on classes and Pregnancy massage.

#### Alexa Peden, LMT, CMLDT

Alexa (she/her) enrolled in Discoverypoint and graduated in 2018. Since then, she has worked in a diversity of environments — chiropractic and treatment massage clinics, high-end spas, and small local businesses — and now maintains a thriving private practice in Tacoma. She earned her Manual Lymphatic Drainage Therapist Certification in 2020, and trained as a Corrective Exercise Specialist through NASM in 2022. Alexa teaches Novice classes, foundational hands-on classes, Chair Massage and Hydrotherapy.

#### Aubrey Wallace, ND, BS, CMT, RM

Dr. Aubrey Wallace (she/her) is a Naturopathic Physician in Washington state, specializing in physical and energy medicine. Dr. Aubrey graduated from Boulder School of Massage Therapy in 1996 and practiced as a licensed massage therapist for 18 years prior to becoming a doctor. She has over 10 years of experience in teaching Anatomy & Physiology, Pathology, Neuromuscular therapy, and Swedish Massage.

#### Greta Parker, LMT

Greta (she/her) graduated from Discoverypoint in 2017. She has worked in private practice, chiropractic clinics, luxury spas, and treatment massage clinics — expanding her practice to include Lomi Lomi, Thai Massage, and Reiki. Greta teaches Musculoskeletal Anatomy, Outcome Based Massage, First Aid/CPR, Novice classes, and Student Clinic.

#### Mollie Wolf. LMT

Mollie (she/they) moved into the world of massage in 2020 when she enrolled at Discoverypoint. Mollie currently maintains a private practice that especially welcomes queer, trans, disabled, and chronically ill clients; survivors of trauma; those whose bodies are culturally stigmatized; and others who have been pushed to the margins of institutionalized medicine and care. She is honored to bring her commitment to equity and liberation to her Ethics & Communication classes and student support role to help prepare and encourage future therapists.

#### Erica McEliece, LMT

Erica McEliece (she/her) graduated from DiscoveryPoint in 2019. She has worked in spas, private practice, and now works at an injury treatment and sports massage clinic. Erica has received additional training in Structural Medicine and Reiki. Erica teaches Ethics and Communication and is endlessly enthusiastic about the opportunities for learning and connection massage can offer.

#### Sherise Geuck, BA, LMT

Sherise (she/her) graduated from the Brenneke School of Massage in 2002. Over the past two decades, she has taught at three massage schools in the Seattle area, as well as continuing education classes in Ethics, Chakra System energy theory, and somatic reconnection for PTSD and mood disorders. She also served as the Massage Educator on the Washington State Board of Massage for 2.5 years. Sherise maintains a private practice devoted exclusively to somatic reconnection for individuals navigating PTSD and mood disorders. Sherise holds academic degrees and certifications in Educational Psychology, Fine Arts, Art History, Theology, Shamanic practice, and Mindful/Jungian Shadow Work Meditation.

#### Collin Sedlacek, BA/BS, LMT, CCST, CMLD

Collin (he/him) has over 12 years of teaching experience, ranging from Pre-K to university levels. Graduating from Discoverypoint in 2021, and earning certifications in both Craniosacral Therapy and Manual Lymphatic Drainage in 2023, Collin now runs a private practice on Capitol Hill where he specializes in Orthopedic and Pediatric bodywork, Craniosacral Therapy, Manual Lymphatic Drainage, and nervous system regulation. Collin teaches Lymphatic, and Anatomy & Physiology classes.

#### Michelle Quigley Pearson, LMT, CMLDT

Michelle (she/her) is a 2018 graduate of Discoverypoint. In recent years, she expanded skills in Perinatal Massage, Manual Lymphatic Drainage, Craniosacral techniques, and two mentorships for improved therapeutic outcomes. She is also certified by the International Association of Yoga Therapists. Michelle has worked in a variety of settings, including Swedish Hospital's birth unit, home massage, private practice, and community clinics. She teaches Lymphatic, Pregnancy massage, and a Breathwork elective.

#### Carl Wilson, LMT

Carl (he/him) graduated from Seattle Massage School in 1991. He immediately became active with AMTA, and has served in many state chapter board positions and on national committees, including two terms as Washington Chapter President. In 2015, Carl founded the Washington State Massage Therapy Association, and currently serves on their board of Directors. In his practice, he specializes in injuries and post-surgical issues and works mostly with insurance-based clients. Carl brings over three decades of experience in massage, business, and organizational leadership to the Professional Practice business classes at Discoverypoint.

#### Andrea Menendez, LMT

Andrea (she/her) graduated from Discovery Point School of Massage in 2020, and completed a specialized Myofascial mentorship focusing on responsive fascial chains and intra-oral techniques in 2022. She has completed studies in myofascial release, cupping therapy, table Thai, Pregnancy, and Swedish massage. Andrea has worked in a variety of clinics and spas, and brings strong clinical and injury treatment skills to her role as Student Clinic supervisor.

# THE PROFESSIONAL LICENSING PROGRAM

The Professional Licensing Program (PLP) at Discoverypoint reflects current industry standards and our commitment to excellence in the practice of therapeutic massage.

Designed to be completed in 12 months, this 750-hour experiential learning program is comprised of four 11-week quarters, plus one required 2-day weekend per quarter. Classes are held 3 days per week (Tue/Wed/Thu for Fall start, and Mon/Wed/Fri for Spring start), with each day focused on a single subject. The first two quarters are designed to provide a solid foundation in the body sciences and the practice of Massage. This firm base supports the exploration and development of additional forms of massage, plus the assessment, clinical reasoning, and professional communication skills that are practiced and refined throughout the third and fourth quarter.

# EDUCATIONAL GOALS

As experienced educators and health care practitioners, our goal is not to define the type of practice or career our students will have, but to provide each student therapist a compass, flashlight, and a map to navigate and blaze their own unique trail in the manual therapy profession. We offer a wide variety of learning exercises and experiences and provide ample time and opportunity for practice and feedback. This helps to nurture and refine students' clinical skills including communication, assessment, treatment, client education, and documentation.

Instruction in the personal and professional elements of therapeutic massage ensures that each graduate is prepared to take the Washington State licensing exam and design a successful career in the profession.

With an **enrollment maximum of 24 students** per Fall cohort, and 14 students per Spring cohort, student/teacher ratios will be no more than 14 to 1 for the majority of hands-on classes. We may offer larger classes, such as weekends or electives, always maintaining a student/teacher ratio of no more than 14 to 1. Together with Discoverypoint's warm and inviting atmosphere, these program elements blend to create the optimal framework for positive student, faculty, and staff interactions and foster learning of the highest quality.



# Graduates are prepared to:

- Demonstrate the confident and competent application and integration of a variety of therapeutic massage techniques.
- 2. Apply knowledge and practical skill to design and implement safe and effective massage treatments for a wide variety of clients.
- 3. Consistently model personal and professional behaviors and attitudes essential for the ethical practice of therapeutic massage.
- Communicate with health care practitioners and other professionals about the purpose, benefits and effects of massage.
- 5. Fully participate in the vibrant professional massage community and commit to continued personal and professional growth throughout their career.



## PRE-ENROLLMENT COURSE

#### NOVICE CLASS FOR BEGINNERS

This full-day class provides an introduction to massage and is a prerequisite for enrollment. The class covers basic massage strokes, draping, bolstering, general indications and contraindications for massage, as well as a few simplified massage sequences. Students get a taste of what it's like to be in a massage classroom, and the school has the opportunity to evaluate each applicant for enrollment.

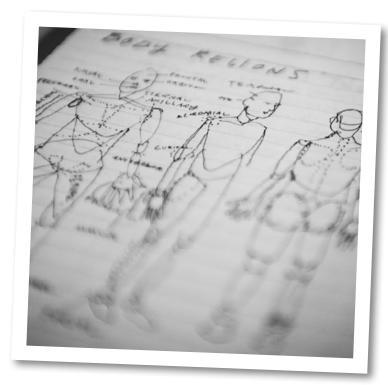
Visit www.discoverypointschoolofmassage.com to view the schedule and register for the Novice class, or call the school at 206.552.6523.

## QUARTER 1

#### FOUNDATIONS OF THERAPEUTIC MASSAGE (FTM)

Hours: 5 hours x 11 classes = 55 hours total Prerequisites: None

Swedish massage is the most common form of therapeutic massage practiced in the US. Its integration of gentle movement, light stretching and basic strokes provide essential skills and techniques for any professional massage therapist. In this course, students practice and develop their foundational techniques, including hygiene, proper draping and bolstering of clients, safe touch protocol and both giving and receiving feedback. The principles of proper body alignment and mechnanics are emphasized during each classroom demonstration and practice session.



#### ETHICS AND COMMUNICATION (EAC)

Hours: 5 hours x 11 classes = 55 hours total Prerequisites: None

To build a successful practice, students need a solid foundation in personal and professional communication skills, ethics and the scope of practice for the profession. In *Ethics and Communication*, students learn about the massage profession's past and present, examine concepts of health equity and access for various populations, and practice essentials skills for developing and maintaining rapport. Students build self-awareness and explore study strategies which can be implemented immediately to support their journey through massage school. Balancing personal and professional needs, growth, and development is a focus here, as students explore self-care, professional ethics, the therapeutic relationship, and building a professional practice.

#### INTRODUCTION TO THE BODY (ITB)

Hours: 5 hours x 11 classes = 55 hours total Prerequisites: None

The art and practice of therapeutic massage is supported by a foundational understanding of the structure and function of the human body. In *Introduction to the Body*, students first explore body organization and anatomic terminology, then move on to the primary tissues with which massage therapists work, including the structures and functions of the integumentary & musculoskeletal systems. Students practice palpation of the major bone landmarks and the function of muscles that move the knee, ankle and foot. Additional practical applications for massage taught in ITB include joint motion and gross muscle testing, and stretching of the muscles. Applications to the practice of therapeutic massage are emphasized, including an introduction to pathology.

## QUARTER 2

#### THERAPEUTIC MASSAGE 1 (TM1)

Hours: 5 hours x 11 classes = 55 hours total Prerequisites: Foundations of Therapeutic Massage; Introduction to the Body

In *Therapeutic Massage 1*, students continue to learn, practice and develop their skills in Swedish massage. Once regional demonstrations are completed, the focus shifts to planning and implementing full-body sessions that address a client's primary area(s) of tension or concern. Benefits and effects of specific strokes, as well as caution areas, are reviewed to help students make appropriate therapeutic decisions. Additionally, neuromuscular and myofascial techniques are introduced to provide students with additional techniques that round our their toolbox for client-centered massage. The principles of proper body alignment and stroke mechanics continue to be emphasized throughout all classroom and practice sessions.



#### MUSCULOSKELETAL ANATOMY (MSA)

Hours: 5 hours x 11 classes = 55 hours total Prerequisites: Introduction to the Body (ITB)

In *Musculoskeletal Anatomy*, students dive deep into the specifics of anatomy and kinesiology, exploring how bones, joints, and muscles work together for movement. Students complete their study of palpation and movement by focusing on the muscles of the upper extremities, trunk and spine. Actions of muscles are explored in detail, including concepts of agonists and antagonists, as well as active palpation in and outside of class. The application of this information to the practice of therapeutic massage is emphasized.



#### ANATOMY, PHYSIOLOGY, AND PATHOLOGY (AAP)

Hours: 5 hours x 11 classes = 55 hours total Prerequisites: Introduction to the Body (ITB)

In Anatomy, Physiology, and Pathology, students continue their study of the systems of the body, focusing on the components and functional contributions of each body system as a whole. Students learn about the impacts that massage can have on each system, providing a framework for understanding the practical applications of therapeutic massage. Common pathologies are used to clarify functions of each system, and massage cautions and contraindications are identified to prepare students for the use of more detailed client health histories in the 3rd & 4th quarters.



# QUARTER 4

#### THERAPEUTIC MASSAGE 2 (TM2)

Hours: 5 hours x 11 classes = 55 hours total

Prerequisites: Therapeutic Massage 1; Musculoskeletal Anatomy; Anatomy, Physiology & Pathology

In order to consistently address the specific needs of each client, every massage therapist needs a broad variety of techniques from which they can choose. In *Therapeutic Massage 2*, students add a variety of general and specific myofascial and neuromuscular skills to their Swedish massage to create a more robust toolbox of techniques. While the majority of class time is spent on demonstration, practice and feedback, the theory of each method and technique, including its specific benefits, effects, indications and contraindications, is thoroughly discussed. Integration classes support students in developing critical thinking skills as they practice, choose, and blend techniques to create a client-centered therapeutic session that is both specific to regions of concern and a full-body experience.



#### OUTCOME BASED MASSAGE (OBM)

Hours: 5 hours x 22 classes = 110 hours total

Prerequisites: Therapeutic Massage 1; Musculoskeletal Anatomy;

Anatomy, Physiology & Pathology; Ethics and Communication

The hallmark of client-centered massage is making it a collaborative process between client and therapist to create a session that meets the client's identified therapeutic goals. In *Outcome Based Massage*, students learn a step-by-step clinical reasoning process that includes general and specific assessment, goal setting, session planning and treatment guidelines. Critical thinking skills are practiced, developed and refined as students work to integrate and apply their knowledge of anatomy, physiology and pathology with the massage theory and techniques. Topics include the physical, emotional and spiritual impact of pain and stress, plus the physiology of healing is reviewed. Important assessment and massage skills for common musculoskeletal injuries and disorders such as low back strain, neck pain, headaches, nerve compression-tension and chronic pain syndromes are also taught in OBM.

#### THERAPEUTIC MASSAGE 3 (TM3)

Hours: 5 hours x 11 classes = 55 hours total

Prerequisites: Therapeutic Massage 2; Outcome Based Massage

In *Therapeutic Massage 3*, students add lymphatic and sports massage techniques to their toolbox of skills. While the majority of class time is spent on demonstration, practice and feedback, the theory and principles of application for each technique, including the specific benefits, effects, indications and contraindications, are thoroughly discussed. During the second half of the term, classes shift to focus on applying structure-specific massage to each region of the body. Areas are chosen based on the clinic mentor's assessment of student skills during clinic and the students' expressed desire for more instruction and practice around specific structures, conditions or injuries. This collaborative process for determining class content is designed to support students in developing self-assessment skills and professional mentorship.

#### PROFESSIONAL PRACTICE (PRP)

Hours: 5 hours x 11 classes = 55 hours total
Prerequisites: Ethics and Communication; Outcome Based Massage

A successful massage practice requires knowledge and skills in massage and business. In *Professional Practice*, students complete their study of essential business and practice management issues, including marketing, ethics, bookkeeping and taxes as they envision and develop their personal career and business plans. The mandatory First Aid / CPR Certification Class is included to ensure that students meet all the requirements for licensure in Washington State. In addition, an introduction to research tools and methods helps students recognize the growing body of knowledge available about massage and appreciate how this information can enhance their effectiveness as therapists.

#### STUDENT CLINIC (SCL)

Hours: 5 hours x 11 classes = 55 hours total
Prerequisites: Therapeutic Massage 2; Outcome Based Massage

Student Clinic is a teaching clinic in which students provide massage sessions to members of the general public under the mentorship of experienced LMTs. These authentic clinical opportunities help students build their professional communication skills and persona as they prepare to enter professional practice. Clinics also offer students important opportunities to develop confidence in their decision-making and integration of skills through demonstration and practice while in a safe and supervised environment.

# REQUIRED WEEKENDS + ELECTIVES

#### THERAPEUTIC ESSENTIALS (THE)

Hours: 7.5 hours x 8 classes = 60 hours total

Prerequisites: Concurrent eligibility & enrollment in each quarter of the Program

The manual therapy arts encompass a broad spectrum of forms and techniques of practice to serve a wide range of client populations. In *Therapeutic Essentials*, students explore a variety of modalities and therapeutic practices to expand their experience of alternative health care. The course is conducted over eight weekend days (scheduled as two individual days per quarter), with class content intended to compliment the primary courses of each quarter.

Quarter 1 includes foundational subject matter, with an Introduction to Energy Medicine and Movement for Self-Care. Quarter 2 has students exploring Hydrotherapy and Sports Massage to support active clients of all abilities. By Quarter 3, students dive deeper into their practice with Chair Massage, a helpful form for marketing and promotion, and a zonal therapy such as Reflexology or Shiatsu. Finally, in Quarter 4, students experience Massage for Pregnancy, and structural medicine with Seeing Fascial Chains.

While each day-long class is comprised predominantly of demonstration, practice and feedback, the theory and principles of application for each technique, its specific benefits, effects, indications and contraindications are thoroughly outlined and discussed.

#### **ELECTIVES**

Hours: 30 hours total

Prerequisites: Current enrollment in the Professional Licensing Program. Some elective options may have other specific prerequisites.

The successful practice of massage and bodywork requires an integral link between personal and professional development and growth. Through electives, students can enrich their experience by selecting classes from a broad spectrum of different forms and styles of massage and bodywork. Students choose classes based on their needs and values for personal growth, interest in different styles of alternative healthcare or professional curiosity and interests. Subject matter may address self-care and personal growth, inclusive populations, business and marketing, or alternative forms of therapeutic massage and somatic practices.

Elective classes are typically 5 hours, 7.5 hours, or 10 hours in length. Students may select any combination of the elective class offerings over the length of the Program, to equal the required 30 hours total.

Classes are scheduled throughout the year on specific week and weekend dates to offer students flexibility in selecting and scheduling these classes. Schedules for registration will be offered every 6 months.

As massage therapists, we believe that massage is a **powerful** therapeutic modality and the education of future therapists requires course work in anatomy, physiology, pathology, massage theory and practice, communication, ethics, and business.



However, this educational course work must be designed, implemented, and experienced holistically because at the core, the practice of massage is about ministering to another human being using safe, patterned, and purposeful touch.

# STANDARDS OF STUDENT PROGRESS

Progress is measured in each course during each term. Students may check on their status at any time. Formal Progress Reports will be provided at the end of each quarter.

### AREAS OF EVALUATION



#### ATTENDANCE

Students must be current in their attendance. Written warning will be provided if and when they reach the maximum hours of absence allowed for any one course (15 hours) or term (42 hours). This warning will include a reminder of the attendance policy including rules for make-up and dismissal from the program.

#### ACADEMIC PROGRESS

Students must consistently meet and demonstrate progress through the program by completing assignments, meeting competencies, and passing exams. Students must make up homework and exams according to the stated testing policy in the Student Handbook.

#### BFHAVIOR

Students must maintain courteous and professional behavior at all times. Inappropriate behavior will be addressed quickly and directly by instructors and/or administrators. Warnings can be verbal or written depending on the situation, and actions may include meeting with the Academic Committee, probation, or dismissal from the program.

#### FINANCES

Students must be up do date on tuition, fees and material payments to progress from Quarter 2 into the second half of the program. Defaulting on payments will result in dismissal.

#### PROBATION

Any student may be identified as being "At Risk" by an instructor if they are struggling in any area of student progress. To promote the success of these students, Discoverypoint offers support in the following ways:

- Instructors Teachers may make informal agreements with a student to support their progress. This may include resources (books, videos, websites), extra table-side check-ins, before class or after class individual check-ins, or adjustments in their teaching methods.
- Academic Committee If the instructor identifies that the student
  is at significant risk, they may set up a meeting with the student and
  an Academic Committee (instructor, Director of Education and a third
  designee). The purpose of this meeting is to work together with the
  student to clearly identify the challenge, explore strategic options for
  overcoming the challenge and lay out a plan of action.



#### WITHDRAWAL

Students may withdraw from the program at any time. To withdraw, a student must provide the School with a written notice that includes the date, their address, phone, and email, as well as a brief explanation for their withdrawal. Students who withdraw within the first two weeks of the program will receive a complete refund of their paid tuition (not including the fees for the Novice class or Technology access). Students who withdraw after two weeks will receive a refund based on their last date of enrollment, which is determined by their formal wrtitten notification of withdrawal (see page 21 for details). There will be no refund provided by Discoverypoint for purchased items including books, massage tables, or other supplies and equipment. These are the sole responsibility of the student.

#### DISMISSAL

Students may be dismissed from Discoverypoint for any behavior deemed unprofessional, inappropriate, or unethical by the Director of Education and/or the Administrative Director. These behaviors or actions include, but are not limited to:

- Use of alcohol or drugs
- Non-payment of tuition or fees
- · Unprofessional conduct
- Harassment or inappropriate behavior
- Cheating
- Behavior that is not in alignment with the mission, educational philosophy, or core values of Discoverypoint
- · Lack of progress





#### APPEALS POLICY

Based on exceptional circumstances, students have the right to appeal applications of student policies. Appeals are to be made in writing and addressed to the Academic Committee. Appeals are to be made within one week of the initial occurrence under appeal.

The Academic Committee has the right and responsibility to appropriately respond to student appeals by waiving policy or extending deadlines based on extenuating and mitigating circumstances. These appeals are considered on a case-by-case basis. In considering each individual case, the committee will evaluate all aspects of the situation, including the student's performance prior to the appeal, the instructor's observations, the circumstances of the appeal, etc. Decisions will be communicated in writing.

Note: All decisions made by the Academic Committee are final.

"Whenever you do a thing, act as if all the world were watching."

— THOMAS JEFFERSON



Students are expected to be professional and ethical in their conduct at all times and may be placed on probation, suspended, or dismissed for conduct which brings into question their honesty, maturity or moral character. This includes, but is not limited to:

## HARASSMENT

- · Harassment, verbal or physical threats, abuse, aggressive behavior, or violence against any member of the community.
- Any sexual advances, innuendoes, or sexual activity on school premises, or in any massage therapy setting regardless of location.

## SCHOOL + CLASSROOM MISCONDUCT

- Any violation of draping standards or violation of appropriate touch as taught in class.
- · Any violation of safety regulations.
- Failure to maintain hygiene and infectious condition standards.
- Negative/undermining behavior or comments that erode the fabric of the community.
- · Cheating on exams or assignments.
- Breach of fellow student or client privacy or confidentiality.
- Taking and/or using any personal property or school property without written permission from the Administrative Director of the school.
- Failure to meet dress codes while in school or clinic.



"The master therapist is real, calm, non-judgemental, intelligent, sensitive, strong yet flexible, supportive, compassionate, empathic and joyful."

-JOHN BARNES



# PROFESSIONAL MISCONDUCT

- Any behavior inconsistent with the Code of Ethics set forth by the ABMP, RCW, or professional conduct standards of Washington State law.
- Misrepresenting or making false claims regarding the curative power of massage therapy.

### PERSONAL MISCONDUCT

- The use, consumption, distribution, or being under the influence of alcohol or illegal drugs on school premises or at any schoolrelated activity.
- Any disruptive, boisterous, vulgar or obscene behavior.
- Any sexual liaison between student and faculty or staff member.



# DRUGS + ALCOHOL

Intoxicants are not allowed on the premises. No controlled substances as defined in RCW 69.50 or other prescription drugs are allowed unless prescribed by a medical doctor for consumption during periods that include your time at school. You may not work while under the influence of intoxicants or controlled substances. Violation of this rule will result in immediate dismissal from school.

# SMOKING + VAPING

Smoking and/or vaping are not allowed inside the building or within 25 feet of the windows or entrances. This includes cigarettes, cigars, vape pens and pipes. If a visitor is smoking, please ask them to stop smoking or to step outside the building if they wish to continue.

### DRESS CODE

Classroom attire is to be clean, neat, non-revealing, professional and allow full free movement. Socks, slippers or shoes must be worn in the classroom for health reasons. Clothing is not to cause discomfort or harm to the client. The following are NOT acceptable:

- · Visible cleavage, gluteal cleft, abdomen, or arm pits
- · Short shorts or short skirts
- Visible underwear
- · Open-toed shoes

Note: Nothing in this policy prevents students from contacting the Workforce Board at 360-709-4600 with a concern or complaint.

# SCHOOL + CLASSROOM POLICIES + PROCEDURES

# ATTENDANCE

Regular punctual attendance is expected as a demonstration of a student's professionalism and commitment to achieving success.

#### GENERAL ATTENDANCE GUIDELINES

- If students will be late or unable to attend class, regardless of the reason, they are expected to call, text or email the instructor as soon as possible.
- 2. In case of illness, act responsibly in relation to your health and the health of your classmates, clinic clients, staff and faculty.
- 3. Attendance implies intent to fully participate in class. Massage education is highly experiential and requires full participation.
- Instructors check attendance at the beginning and end of each class segment. If you are late or need to leave early, you are expected to notify the instructor.
- 5. Late arrivals and/or early departures of more than 5 minutes will be rounded up to the nearest 1/4-hour.

#### MAXIMUM ABSENCES

Students are allowed a maximum of two (2) full class periods or 10 total clock-hours absence for each 55-hour course in a quarter, or 20 total clock hours in the case of each 110-hour course. Additionally, if more than 15% of the total clock-hours per quarter is missed (27 hours), students may be required to retake the entire quarter. Students cannot miss more than 7.5 hours of the Therapeutic Essentials (required weekend) classes per enrollment.

#### MAKE-UP OF ABSENCES

Students are responsible for scheduling their own make-up classes using the forms provided to them by a faculty member or the Director of Education. Make-up classes must be similar subject matter to what the student missed, i.e. a massage class to make-up massage and A&P to make-up A&P. If the term schedule does not allow for appropriate make-up classes the instructor and/or Director of Education may assign a project/report, or require that the student receive and pay for tutoring in the required subject matter outside of normal class hours.

Note: Students cannot make up more than 10 hours of any one 55-hour course to meet the standards of progress.



## LEAVE OF ABSENCE

Discoverypoint does not have a formal policy for a leave of absence. If a student needs to leave the program for longer than allowed by the attendance and absence policies, they may need to drop from the program and apply for re-entry when they are ready to return. Exceptions may be granted on a case-by-case basis, potentially allowing a student to "pause" their enrollment and return with the next cycle of classes.

#### RE-ENROLLMENT

Re-enrollment will be at the new rates if there is an increase in tuition or other costs. The student will return to the regular schedule of classes under the requirements, policies and procedures in effect for that class enrollment, rather than those in effect at the time of their original enrollment.

## CLASSROOM EQUIPMENT

- Massage tables
- Bolsters and pillows
- Contour body cushions
- · Chairs and yoga balls
- Massage lotions/oils/cream
- Hand sanitizer, equipment cleansers

- · Lecture tables
- · Standard first aid kit
- Bluetooth music speakers
- · Whiteboard and markers
- Presentation Projector
- Skeletons and anatomical charts

#### Students are required to attend class and take examinations on the dates identified in their course schedule. In addition:

- All required home work, competency checklists, and/or practice assignments must be up to date in order to be eligible for exams.
- 2. If students are ill and unable to take an exam on the assigned date, they are expected to inform their instructor by phone or email and take the missed exam on the day they return to classes. If a missed exam is not taken within the same week of a student's return, a failing grade may be recorded for that exam. Missed practical exams are also subject to an examination fee and additional requirements (see "Retakes and make-ups for practical exams").
- 3. A minimum score of 75% is required for all written tests and a score of 2 (competent) on all segments of practical examinations is required. If a student does not pass an exam, they will have an opportunity to retake the exam to achieve a passing score (see retake policy).
- After each exam, students and instructors will review exams to identify areas of weakness. During regular office hours, students are guaranteed access to their tests and academic records upon request.
- 5. Examinations for all first term classes must be successfully passed in order to move into the next term.

# Students may review previous tests while on School premises, within the following guidelines:

- Written exams may not be reviewed on the same day as an exam retake.
- All tests are the property of the Discoverypoint School of Massage. Neither the questions nor the exam shall be copied or removed from School premises.



#### EXAM RETAKES

Students who do not pass an exam (scoring below 75% on a written exam or less than a 2 on a practical exam segment) are given one retake opportunity. The following rules apply to retake exams:

- 1. Only one retake per examination/test is allowed.
- 2. Retakes must be completed within two weeks of the initial exam date. If the retake is not completed within the expected time frame, the student may receive a failing score and be required to retake the course and/or term.
- To support student success, tutoring may be required by the instructor before a re-examination can occur. This is specific to the situation.
- Any written retake exam is developed according to the same learning objectives as the original exam. However, it is NOT the same exam.
- Any practical retake exam is scored using the exact same rubric and criteria as the original exam. However, a different instructor may supervise the exam.
- 6. If the student does not pass the retake, they will be required to petition the instructor and Director of Education within one week of the retake to establish a plan of action in order to avoid dismissal from the program.

#### RETAKES & MAKE-UPS FOR PRACTICAL EXAMS

Due to the additional costs to the School, students are required to pay the examiners for make-ups and retakes of practical examinations. The fee for Practical Exam retakes and make-ups is \$30. Students are also required to bring a person enrolled in the School to the make-up/retake to be their client body.

#### READING SERVICE FOR WRITTEN EXAMS

Students who provide the School with appropriate documentation may engage the use of a reader, free of charge, in accordance with the Americans with Disabilities Act. Students who do not have appropriate documentation may request the use of a reader at least one week prior to any written exam. However, the School is NOT required to provide one, and the student must pay \$20.00 per hour for the cost of the reader.

#### TUTORING POLICY

To support students in their studies, the faculty at Discoverypoint School of Massage is available for tutoring. Students may choose to be tutored or be required to obtain tutoring for remedial work or to make-up absence hours (see attendance policy).

# STUDENT RECORDS

By law, the School must keep student educational records for a minimum of fifty years from the date of enrollment for each student, or until the School is no longer licensed under Washington RCW 28C.10.160, whichever comes first. These records include:

- 1. The student's educational records consisting of a single page transcript that includes:
  - · School name, address and telephone number.
  - Student name, social security number, address and telephone number.
  - Dates of student's attendances.
  - Courses/subjects attempted, the grade, and credit (if any) awarded for each subject.
  - Date of completions or termination, along with the notation of certificate or diploma received.
     If terminated, the reason for termination must be noted.
  - Signature of the certifying officer of Discoverypoint and the date the transcript is prepared.
- The financial records of each student must be kept for a minimum of three years from the date of enrollment, and will include:
  - Completed and signed enrollment agreement and other education or training related contracts.
  - The student's payment record.



#### **Release of Student Records Policy**

The Family Education Right and Privacy Act of 1974 prohibits the release of School records or any other information about a student to a third party without the written consent of the student. Students may sign an all-inclusive release for School records and other information, (for example, for prospective employers) or give specific written consent for each individual release of information. Students are guaranteed access to their academic records upon request, during regular office hours. In accordance with the Family Education Right and Privacy Act, the School will not release any student information to a third party without the student's written consent.

# STUDENT PRACTICE-MASSAGE

Students are required to document a minimum of two (2) hours of out-of-class practice massage each week. Documentation forms and guidelines for each term will be provided in the first week of classes. The rules and regulations that apply to both in-class and out-of-class massage practice by students are described in the Student Handbook.

#### Student Liability Insurance

While enrolled in the Discoverypoint School of Massage, students are covered by the School's Student Practice Liability Insurance Policies (through ABMP). The policy provides blanket practice liability insurance coverage to students for massage practice as it relates to the required curriculum, studies and assignments when working on or off School property, including the out-of-class practice and project hours.

This is an "Occurrence Form Policy," which means that you will be fully protected at any future date (even though you have graduated), provided that the policy was in effect when the medical incident occurred. This is an important feature considering the extended period of time that can elapse before a claim is made. For this reason students are to maintain their client records in accordance with practice requirements as noted in the practice-massage policy.

Student's coverage terminates upon withdrawal, termination, and completion of scheduled program classes or graduation. Students must purchase their own practice liability insurance at that time.

# GRADUATION + GRADUATE OPPORTUNITIES



In order to graduate and receive a diploma from the Discoverypoint School of Massage, a student must meet the graduation requirements outlined to the right. Students will be provided one unofficial transcript with their diploma. Any additional official transcript requests must be in writing and submitted with a ten-dollar fee, per transcript.

#### GRADUATE OPPORTUNITIES

Graduates of Discoverypoint are prepared to work in a wide range of positions and in a variety of environments including health care settings, massage clinics, spas, sports organizations, corporate settings, and health clubs. Graduates are invited to join the School for job fairs, community service projects, and networking events. We also partner with a premier job posting website that lists professional opportunities exclusive to the massage industry. And since many graduates choose self-employment, we maintain strong connections with local massage resources for professional space rentals. Additionally, we maintain a private social media discussion group that maintains community connections between graduates, current students, and the school.



# To graduate, you must:

- Meet all standards of progress as outlined in this catalog and each Program course
- Pay for program in full
- Pay all library and other fees

# ADMISSIONS PROCESS + TUITION



# To apply for admission, you must:

- Be at least 18 years of age by start date and have graduated from high school or received a GED
- Be physically and emotionally capable of performing and receiving massage with people of any gender (Students with disabilities must make a written request for reasonable accomodations, which will be addressed on an individual basis)
- Display a philosophy, professionalism and maturity compatible with Discoverypoint's mission, philosophy, values and professional standards
- Provide documentation of any felony or misdemeanor charges and convictions (see application)
- · Complete the application process outlined below

# APPLICATION PROCESS

- Read and understand the contents of this catalog.
   The catalog contains information that will become part of your agreement with the school.
- Complete a Novice class. Check the schedule online at www.discoverypointschoolofmassage.com and follow registration instructions.
  - Note: Payment is due by the start of class. If you are accepted into our Professional Licensing Program and enroll within one year of completing the Novice class, the \$100 Novice class fee will be applied to your tuition.
- 3. **Complete and submit an application** with all requested documentation + \$100 application fee.
- Complete an admissions interview. Interviews may be conducted in person at the school or via video chat when available. Contact the Admissions team to schedule.

# DENIAL OF ADMISSION

If we deny admission to you for any reason, our decision is final and may not be appealed. We reserve the right to deny admission to any applicant for reasons including, but not limited to:

- · Failing to meet the stated entrance requirements
- · Lacking the physical capacity to perform massage
- Having a health condition that interferes with duties as a student or massage practitioner
- Being unable to meet financial obligations to the School
- Exhibiting a lack of motivation, or an incompatible bodywork philosophy
- · Lacking the professional attitude or maturity required
- Failing the prerequisite Novice class
- Lacking the ability to benefit from an education in massage

### TRANSFERS

Discoverypoint is pleased to accept transfers from other academic and licensing programs according to the WAC requirements. Students applying as transfers to our Professional Licensing Program must meet all our admissions requirements and provide a transcript from their previous program(s). Credit will be awarded for comparable courses on a case-by-case basis for students who demonstrate competence in subject matter.

# TUITION + PROGRAM COSTS

| Tuition            | \$15,900   |  |
|--------------------|--|--|
| Technology<br>Fee  | \$100 (may be included in payment plan)  |  |
| Payment<br>Options | <ul> <li>Payment in full (\$500 discount if paid by 1st day of class)</li> <li>Half down + balance paid in 11 equal payments</li> <li>Paid in 12 equal payments</li> </ul> |  |
| ADDITIONAL COS     | TS (ESTIMATED):  |  |
| Massage     Table  | \$350 – 700  |  |
| - Books            | \$300 – \$450  |  |
| • Supplies         | \$150  |  |

Note: Discoverypoint School of Massage does not offer Federal Financial Aid. We do, however, offer no-interest payment plans, and discounts for early registration and payment-in-full by the first day of class.

### REFUND POLICY

Applicant may cancel their enrollment in person or in writing before the beginning of classes. An applicant not requesting cancellation before the scheduled start date indicated on this Enrollment Agreement will be considered a student.

- 1. All monies paid by applicant will be refunded if they are not accepted for admission, except for the Novice class fee, application fee, and Technology fee (if paid).
- 2. The applicant may cancel the Enrollment Agreement and receive a full refund of all monies paid to date (except for Novice, application, and Technology fees) if cancellation is made in writing to The School at the address stated herein within five business days after the date of signature.
- 3. Applicants requesting cancellation more than five (5) days after signing the Enrollment Agreement (and making an initial payment) but prior to the start of classes is entitled to a refund of any money paid minus the Novice class, application, and Technology fees.
- 4. All tuition paid by an applicant will be refunded if requested within three business days after their first tour of Discoverypoint and inspection of equipment, or if requested within three business days of their attendance at the regularly scheduled orientation program for their starting quarter, whichever is sooner.
- 5. Refunds will be made within 30 calendar days after the applicant's/student's request or within 30 calendar days after their first scheduled class day.

#### REFUND CALCULATION

Refunds of tuition are based on the duration of the Student's enrollment, and calculated through the last official date of attendance. The School is entitled to retain tuition in increments as follows:

- If the Student's enrollment is terminated (withdrawal or expulsion) after the second week of classes have begun and within the first 10% of the program, the School retains 10% of full tuition cost, plus the established application fee and all accrued finance charges, if any.
- If the Student's enrollment is terminated between 11% and less than 25% of the program, the School will retain 25% of full tuition cost, plus the established application fee and all accrued finance charges, if any.
- If the Student's enrollment is terminated from 25% and 50% of the program, the School will retain 50% of full tuition cost, plus any established application fee and all accrued finance charges, if any.
- If the Student's enrollment is terminated after 50% of the program, the School is entitled to retain the full tuition cost, plus the established application fee and all accrued finance charges, if any.

The Student is responsible for all fees incurred while enrolled in the program. Outstanding fees are due at the time of withdrawal, and will be withheld from any refund due to the Student.

#### STUDENTS USING THE G.I. BILL:

- Refunds will be calculated on a prorate basis. For example, if a student's
  enrollment is terminated at 27% of the Program, the School will retain
  27% of tuition, plus any established application or registration fees, if any.
- All refunds are made promptly, within 30 days after official date of withdrawal or determination.
- Fees (such as Application, Technology, and any additional fees for tutoring or classes taken), are not considered tuition, and are non-refundable.
- Students purchase books, massage table and supplies directly from vendors, and they must seek refunds directly through them rather than the School.



We reserve the right to cancel, suspend, or postpone a starting class if an insufficient number of students enroll. We reserve the right to cancel, suspend, or postpone any class if an event such as fire, flood, storm, war, or civil disorder unavoidably limits the use of School facilities. In either event, you may choose to receive a refund according to our refund policy, or to transfer your enrollment to a later class.

If the School changes its location or discontinues instruction in your program after you begin training, we will notify you in writing. If we cancel your class, you will be entitled to a pro-rata refund of all tuition and fees paid, unless we arrange comparable training to which you agree in writing. You must notify us of your choice within 90 calendar days of the relocation or cancellation of classes. We will disperse your refund within 30 calendar days.

### RELIGIOUS ACCOMMODATIONS

Discoverypoint School of Massage will make good faith efforts to provide reasonable religious accommodations to students who have sincerely held religious and cultural practices or beliefs that conflict with a scheduled course/program requirement. Students requesting a religious accommodation should make the request, in writing, directly to the instructor(s) of the appropriate course with as much advance notice as possible. Students are also reminded that being absent from class or other educational responsibilities does not excuse students from keeping up with any information shared or expectations set during the missed class. Students are responsible for obtaining materials and information provided during any class missed, and should work with their instructor(s) to determine a schedule for making up missed work. Examples of religious accommodations may include rescheduling of an exam, altering the time of a class presentation or due date for an assignment.



"Do all the good you can in all the ways you can, for all the people you can for long as ever you can."

- VIMALA SCHNEIDER MCCLURE



| School O.  | i massage   | Applying for: Spring (AM) Fall AM Fall PM |  |  |
|--|---|---|--|--|
| APPLICATION  |   | PLEASE TYPE OR PRINT CLEARLY              |  |  |
| Enclose a copy of a high school o  OR an official high school o  (college transcript must have  Register for and complete a Novice | risit: <a href="https://bit.ly/dpsom-application">https://bit.ly/dpsom-application</a> , or shool or college diploma or GED certificate or college transcript sent from the school. we a minimum of 60 credits) |   |  |  |
| Name   | SSN (last 4 digits)   | Date of Birth                             |  |  |
| Pronouns   | Phone   | Email                                     |  |  |
| Address  |   |   |  |  |
| City   | State   | Zip                                       |  |  |
| Emergency Contact (Name, Phone Number, Relationship to you; Email or Address if space allows)                                      |   |   |  |  |
| OUR EDUCATION  |   |   |  |  |
| NAME OF HIGH SCHOOL / COLLEGE(S)   | CITY AND STATE  | DATES OF ATTENDANCE / GRADUATION          |  |  |
|  |   |   |  |  |
|  |   |   |  |  |
|  |   |   |  |  |
| PAYMENT OPTIONS  Payment in full Half tuition (\$  | 57,950), remainder in 11 equal payments   | 12 equal payments                         |  |  |

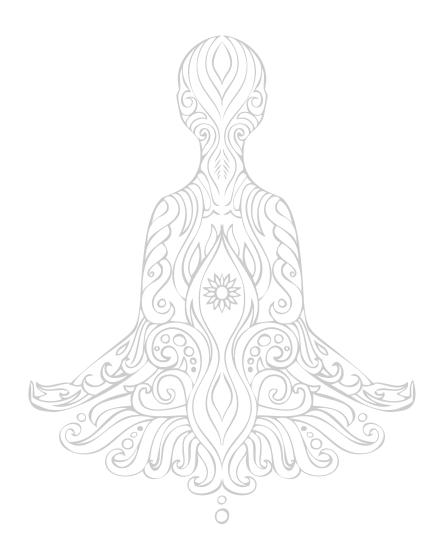
| Are you currently employed?  No Yes Occupation:  |
|--|
| Have you done community volunteer work in the past five years? No Yes (If yes: please provide organizations, dates, description)   |
|  |
|  |
|  |
| Have you incurred serious or repeated disciplinary action or been dismissed, suspended or separated from a school in the past three years?   |
| No Yes (If yes, please explain)  |
|  |
|  |
| Have you been convicted of a felony or misdemeanor, other than traffic offenses? No Yes (If yes, please describe)  |
|  |
|  |
|  |
|  |
| By signing below, you indicate that the information on this application is true and accurate to the best of your knowledge and that you have read and understand the catalog contents, which will become part of your agreement with the School. You also authorize Discoverypoint School of Massage or its designee to verify any and all information relating to your application, including but not limited to personal, employment, school, criminal, and financial information. |
| SIGNATURE: DATE:   |
| DISCOVER YOUR PATH. DISCOVER MASSAGE. DISCOVER YOURSELF.   |

\* Email your completed application to: <a href="mailto:admissions@dpsom.com">admissions@dpsom.com</a>
Or mail your application and documents to our mailing address:

DISCOVERYPOINT SCHOOL OF MASSAGE 916 NE 65TH ST, SUITE A SEATTLE WA 98115



Questions? Call 206.552.6523



"Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should."

-MAX EHRMANN

This school is licensed under chapter 28C.10. Inquiries or complaints regarding this or any other private vocational school may be made to the:

Workforce Board

128 Tenth Avenue SW • Box 43105 • Olympia, WA 98504-3105 Web: wtb.wa.gov | Phone: 360-709-4600 | Email: pvsa@wtb.wa.gov

